

FREE PRINTABLE RESOURCE

HOME BLACKOUT KIT, ROOM BY ROOM

The gear sorted by the room where you'll actually need it, not one bin in the garage.

KITCHEN

- ☐ **Cooler and a bag or two of ice, ready to grab**
Move ice from the freezer the moment power drops
- ☐ **Appliance thermometer in fridge and freezer**
CDC. Removes the guesswork on what's still safe
- ☐ **Manual can opener**
An electric one is dead weight with no power
- ☐ **Several days of food that needs no cooking**
Shelf-stable, ready to eat
- ☐ **Keep fridge/freezer doors closed**
FoodSafety.gov: fridge ~4 hrs, full freezer ~48 hrs, half-full ~24 hrs

BEDROOM (EACH ONE)

- ☐ **Headlamp or flashlight per person**
CDC. Not one flashlight for the whole house
- ☐ **Extra batteries in common sizes**
AA/AAA plus hearing aid batteries if needed
- ☐ **Power bank with the right charging cable attached**
Ready to grab, not tangled in a drawer
- ☐ **Warm blanket or sleeping bag**
FEMA calls out winter warmth as its own planning category

LIVING ROOM / COMMON AREA

- ☐ **Battery or hand-crank NOAA weather radio**
Ready.gov. Keeps working when cell towers don't
- ☐ **First aid kit and 1 gallon water per person per day**
Ready.gov basic supply kit
- ☐ **Battery lantern instead of candles**
NFPA: candles cause ~15,600 home fires a year
- ☐ **Surge protector; unplug non-essential electronics**
Protects against a spike when power returns

GARAGE / OUTDOORS

Generators run outdoors, 20+ feet from windows and doors. Always. FEMA and CDC. Never in a garage, even with the door open. Carbon monoxide is odorless and colorless and kills without warning.

- ☐ **Outdoor-rated extension cord, long enough for 20 ft**
Measure it before you need it, not during
- ☐ **Fuel stored safely, away from ignition sources**
FEMA guidance
- ☐ **Fire extinguisher within reach**
- ☐ **Never run a vehicle in the garage for power/warmth**
Just as dangerous as an indoor generator per FEMA
- ☐ **Battery-backup smoke + CO alarms, every level**
FEMA. Install now, near sleeping areas especially

ENTRYWAY / GRAB-AND-GO

- ☐ **Important documents in a waterproof container**
Insurance, ID, bank records
- ☐ **Cash**
ATMs and card readers may not work
- ☐ **A few days of prescription medication**
Ready.gov supply kit guidance
- ☐ **Spare phone charger and cable**

KNOW THE WARNING SIGNS

- ☐ **CO poisoning mimics the flu: headache, nausea, dizziness**
Get outside to fresh air immediately if you suspect it

Where our kit lives: _____

Full guide: tacticalbox.com/blogs/tacticalbox-blog/how-to-build-a-home-blackout-kit-room-by-room

Sources: FEMA/Ready.gov power outage guidance; CDC Power Sources checklist and Generator Safety Fact Sheet; FoodSafety.gov power outage food safety chart; NFPA candle safety statistics.