

## FREE PRINTABLE RESOURCE

## EMERGENCY BATHROOM FIELD CARD

A two-bucket toilet, safe waste handling and a handwashing station.

## BUILD THE TOILET

- ☐ **Two 5-gallon buckets, marked**  
One for urine, one for solid waste (Oregon State)
- ☐ **Urine bucket: no bag**  
Solid bucket: heavy-duty bags. Our pick: two (Be Ready Utah)
- ☐ **Add a seat**  
Camping seat or half a pool noodle on the rim (Oregon State)
- ☐ **Keep urine out of the solid bucket**  
It causes the strong smell (Oregon State)

## AFTER EACH USE

- ☐ **Cover solid waste**  
Kitty litter, about 2 cups (Utah) or about 1/2 cup carbon material (Oregon)
- ☐ **Toilet paper in the solid bag**  
Not in the urine bucket (Oregon State)

## WHEN IT FILLS

- ☐ **Urine bucket: empty at about 1/4 full**  
Dilute with water if possible, pour on lawn or ground (Oregon State)
- ☐ **Solid bucket: stop at half full**  
Gloves on, double-bag, seal tightly (Oregon State)
- ☐ **Store in a lidded can, 30 gallons or less**  
Strap the lid, keep outside and concealed (Be Ready Utah)
- ☐ **Never in the normal garbage**  
Oregon State: store until service returns. Ask local officials before burying

## WASH YOUR HANDS

- ☐ **Soap and water, 20 seconds or more**  
After the toilet, before food (CDC, Be Ready Utah)
- ☐ **Jug with spigot, soap, towels, catch bucket**  
Handwashing station (Oregon State)
- ☐ **Sanitizer: 60% alcohol or more, backup only**  
Weaker on dirty hands (CDC)

**Check local rules before you bury anything.** Never near a well, stream or water source.

Want the reasoning behind each line? Read the full guide on the TacticalBox blog.  
[tacticalbox.com/blogs/tacticalbox-blog](https://tacticalbox.com/blogs/tacticalbox-blog)

Sources: Oregon State University Extension, Survival Basics: Sanitation and Waste Management (EM 9334); Be Ready Utah, Hygiene and Sanitation; CDC, Guidelines for Personal Hygiene During an Emergency. Informational only.