

FREE PRINTABLE RESOURCE

72-HOUR APARTMENT KIT FIELD CARD

A small kit for a small space, and the building exit habits that go with it.

PACK LIST

- ☐ **Water**
1 gallon per person per day, several days
- ☐ **Food**
Non-perishable, several days, foods you will eat
- ☐ **Manual can opener and utensils**
- ☐ **Flashlight and extra batteries**
- ☐ **Phone, chargers and a backup battery**
- ☐ **Hand crank or battery radio**
Plus a NOAA Weather Radio with tone alert
- ☐ **Whistle and local maps**
- ☐ **First aid kit**
- ☐ **Moist towelettes, garbage bags, plastic ties**
- ☐ **Dust mask**
- ☐ **Plastic sheeting, scissors, duct tape**
- ☐ **Wrench or pliers**
Ask your manager which shutoffs are yours

WATER MATH

1 person x 3 days = 3 gallons, about **25 lb.**
3 people x 3 days = 9 gallons, about **75 lb.**
Hot weather can double the need. Replace non-bottled water every 6 months.

BUILDING EXIT HABITS

- ☐ **Two ways out of every room**
- ☐ **Count the doors to the nearest fire exit**
Doors to count: _____
- ☐ **Check the door first**
Warm: do not open. Cool: open slowly, stay low
- ☐ **Close the door, pull the alarm**
- ☐ **Stairs, never the elevator**
Unless the fire department directs you
- ☐ **Outside meeting place**

IF YOU CANNOT GET OUT

- ☐ **Stuff door cracks**
Towels, rags, bedding or tape. Cover vents
- ☐ **Signal from a window**
Flashlight or a waved white cloth
- ☐ **Once out, stay out**
Wait for firefighters to say it is safe

YEARLY REVIEW LOG

- ☐ Date: _____
- ☐ Date: _____
- ☐ Date: _____

Swap food and water, recheck batteries, update for who lives here.

Want the reasoning behind each line? Read the full guide on the TacticalBox blog.
tacticalbox.com/blogs/tacticalbox-blog

Sources: Ready.gov (Build a Kit, Water, Food); U.S. Fire Administration apartment fire safety and home fire escape plan guidance. Informational only; follow your building's emergency plan.